

NEW JERSEY MARTIAL ARTS ALLIANCE TESTING APPLICATION

INTERMEDIATE

Testing Fee: \$30

Name: _____ Current Rank: _____ Age: _____

I will be attending Primary Testing YES / NO (If "NO" then please attach an additional \$15 post testing fee)

Red – Sr. Brown belts, please complete the "Board Breaking" section and bring your own boards to the testing.

PRIMARY FORM Focus Stances Power Technique Target

SECONDARY FORMS

Chun Ji Focus Stances Power Technique Target

Dan Gun Focus Stances Power Technique Target

Do San Focus Stances Power Technique Target

Won Hyo Focus Stances Power Technique Target

Yul Guk Focus Stances Power Technique Target

SECONDARY MATERIAL

Self Defense / One Steps 1 2 3 4

Offensive Combo Curriculum Kick

Defensive Combo 1 2

Sparring Target Defense Control Offense

BOARD BREAKING

Hand (Left / Right) _____
Please circle *Name of technique and number of boards*

Foot (Left / Right) _____
Please circle *Name of technique and number of boards*

Judge: _____ Pass / Possible NC